

POOL TIMETABLE - WEEK COMMENCING 5TH JANUARY 2026



MONDAY

TIME	ACTIVITY	TYPE	ABILITY / AGE	INSTRUCTOR
0815-0900	Kids Lane (with shallow end)	Swim	All	n/a
0930-1015	Aqua (Extra Lane)	Aqua	All	Carlotta
1030-1115	Aqua	Aqua	All	Dawn
1130-1215	Kids Lane (with shallow end)	Swim	All	n/a
1215-1645	Kids Lane (no shallow end)	Swim	All	n/a
1230-1530	Water Babies (£)	Swim	Baby	Water Babies
1700-1915	Kids Lane (with shallow end)	Swim	All	n/a
1930-2015	Aqua	Aqua	All	Carlotta

TUESDAY

TIME	ACTIVITY	TYPE	ABILITY	INSTRUCTOR
0900-0945	Kids Lane (with shallow end)	Swim	All	n/a
1015-1100	Aqua	Aqua	All	Niki
1115-1200	Aqua	Aqua	All	Niki
1215-1300	Kids Lane (with shallow end)	Swim	All	n/a
1300-1600	Kids Lane (no shallow end)	Swim	All	n/a
1330-1530	Water Babies (£)	Swim	Baby	Water Babies
1600-1945	Kids Lane (with shallow end)	Swim	All	n/a

WEDNESDAY

TIME	ACTIVITY	TYPE	ABILITY	INSTRUCTOR
0815-0900	Kids Lane (with shallow end)	Swim	All	n/a
0930-1015	Aqua	Aqua	All	Niki / Sophie
1030-1115	Aqua	Aqua	All	Monica
1230-1315	Kids Lane (with shallow end)	Swim	All	n/a
1330-1415	Aqua	Aqua	All	Dawn
1430-1815	Kids Lane (with shallow end)	Swim	All	n/a
1600-1900	Swimming Lessons (£)	Swim	3+	Swim Instructor
1915-2000	Aqua	Aqua	All	Stacey

THURSDAY

TIME	ACTIVITY	TYPE	ABILITY	INSTRUCTOR
0900-0945	Kids Lane (with shallow end)	Swim	All	n/a
1015-1100	Aqua	Aqua	All	Monica
1115-1200	Aqua	Aqua	All	Monica
1215-1815	Kids Lane (with shallow end)	Swim	All	n/a
1600-1900	Swimming Lessons (£)	Swim	3+	Swim Instructor

FRIDAY

TIME	ACTIVITY	TYPE	ABILITY	INSTRUCTOR
0815-0900	Kids Lane (with shallow end)	Swim	All	n/a
0930-1015	Aqua	Aqua	All	Monica
1030-1115	Aqua	Aqua	All	Suzanne
1145-1415	Water Babies (£)	Swim	Baby	Water Babies
1145-1400	Kids Lane (no shallow end)	Swim	All	n/a
1415-1930	Kids Lane (with shallow end)	Swim	All	n/a

SATURDAY

TIME	ACTIVITY	TYPE	ABILITY	INSTRUCTOR
0830-1330	Swimming Lessons (£)	Swim	All	Swim Instructor
0830-1345	Kids Lane (with shallow end)	Swim	All	n/a
1345-1815	Kids Lane (no shallow end)	Swim	All	n/a
1400-1800	Water Babies (£)	Swim	Baby	Water Babies
1815-1945	Kids Lane (with shallow end)	Swim	All	n/a

SUNDAY

TIME	ACTIVITY	TYPE	ABILITY	INSTRUCTOR
0845-1700	Kids Lane (with shallow end)	Swim	All	n/a
1715-1800	Aqua	Aqua	All	Stacey